

## Some ideas that you might do for your Little Brother/Sister

1. Surprise your Little Brother / Little Sister by celebrating his/her half birthday.
2. Show your Little Brother / Little Sister your high school yearbook picture.
3. Compliment your Little Brother / Little Sister's character and skill three times for every one compliment of their appearance
4. Write a letter to your Little Brother / Little Sister on your match anniversary telling them what you've noticed about them in the last year.
5. Help your Little Brother / Little Sister make a list of everyone who loves them.
6. Write a poem about your Little Brother / Little Sister and read it at a special occasion.
7. Read biographies of people who did great things and let your Little Brother / Little Sister know they can do great things too.
8. Buy a rubber stamp or stickers with your Little Brother / Little Sister's name and address on them.
9. Role play meeting new people so your Little Brother / Little Sister will have more confidence in unfamiliar situations.
10. Share your school experiences when you were same age
11. Teach your Little Brother / Little Sister to use a fire extinguisher.
12. Volunteer to visit your Little Brother / Little Sister's class to tell students about your profession.
13. Speak highly of the people in your life.
14. Tell your mentee about your own work and how you reached this position,
15. Have business cards printed with your Little Brother / Little Sister's name and a catchy slogan.
16. Have notepads imprinted with your Little Brother / Little Sister's name.
17. Remember the mentee with card or a cake on their birthday.
18. Share photographs and home movies of you as a child.
19. Buy your mentee a small journal or notebook; write down thoughts and feelings during the week and share them when you see each other
20. Learn how to sew an outfit for your Little Brother / Little Sister.
21. Using play money, show your Little Brother / Little Sister how you spend the money you earn.

## Physical Activities

play catch  
Frisbee  
hopscotch  
skipping  
fly a kite  
soccer  
track and field

ball hockey  
shoot hoops  
run races  
darts  
obstacle races  
walk around the school yard  
marbles

baseball  
cricket

## Creative Activities

**Read:** comics, poetry, age appropriate stories, newspapers, kids' magazines, novels

**Write:** letters to friends or relatives—mail them (talk about how to fill out an envelope too)  
a poem or a silly/fun story  
keep a journal  
learn to type  
create a recipe  
find a pen pal through BBBS International  
make a family tree

**Music:** listen to music  
learn to play a musical instrument  
make fun musical instruments with boxes, elastic bands or cardboard tubes  
make drums out of containers filled with different level of water  
talk about your favourite music groups  
make up your own song or rap

**Talking:** make up stories  
talk about how you are feeling  
talk about what you did on the weekend  
tell jokes, riddles  
discuss who you admire/who are your heroes?  
Discuss favourites: movies/books/food/people/games/colours etc.

**Drama:** make believe: If I could change the world, I would.....  
make up a T.V. commercial of your favourite food/toy/book/game  
make up a short skit  
act out a favourite story  
get dress up clothes and props: make costumes

**Play:** lego  
Board games: snakes & ladders, checkers, chess, battleships, monopoly, scrabble, tiddly winks, etc.  
dominoes  
with collector cards  
with a magnifying glass  
with a thermometer  
tic-tac-toe  
cards  
with a compass  
with a kaleidoscope  
with magnets  
hangman

**Create:** bake a cake, cookies, pizza, muffins, tacos, etc.  
cook: pasta; eggs

make a picnic to have in the gym or outside in the playground  
sewing, knitting, embroidery, cross-stitch, corking, bead work,  
make puppets from fabric, an old sock or paper bags

**Puzzles:** jigsaw puzzle, make your own puzzle with magazine pictures  
crossword—create your own crossword puzzle  
word jumbles  
create a rebus (a secret message with pictures, letters and numbers)

**Build:** a kite  
a mobile  
a model  
a bird house  
a picture frame  
something out of match sticks/wood/toothpicks/ice block sticks

**Cut:** paper patterns—i.e. snowflakes  
flowers and leaves (dry them and press them)  
paper dolls and cutout clothes  
origami

**Learn:** how to use a camera, make an album, bring pictures of your family  
how to use a computer  
how to read a map—find the street you live on, look for a special place  
you like  
how to use a phone book /dictionary  
what each section of the newspaper contains  
a new language together/learn sign language/a language one of you  
knows

**Draw:** or colour with markers or crayons  
make your own colouring book—draw black line drawings then colour  
them in  
trace your head/hands/feet/body on paper

**Paint:** a T-shirt  
a mural  
finger paint with pudding or paint

**Balloons:** draw on balloons—blow them up and watch your drawing stretch  
fill balloons with water and have a balloon toss  
draw a face of someone who bugs you and then squash the balloon

**Make:** a time capsule: collect photos, cards, crafts, Mentoring newsletter,  
pictures  
drawings, poems & stories that you have worked on together or that  
represent your time together

